

PE 1st Qtr. Scope & Sequence SLCS

TOPICS	K	1	2	3	4	5
1. Agility	x	x	x	x	x	x
2. Somersaults	x	x	x	x	x	x
3. Dodge Ball				x	x	x
4. Running	x	x	x	x	x	x
5. Skipping	x	x	x	x	x	x
6. Jumping	x	x	x	x	x	x
7. Stations	x	x	x	x	x	x
8. Tag	x	x	x	x	x	x
9. Hula Hoops	x	x	x	x	x	x
10. Hopping	x	x	x			
11. Bean Bags				x	x	x
12. Soccer Drills			x	x	x	x
13. Kickball				x	x	x
14. Soccer Games				x	x	x
15. Obstacle Courses	x	x	x	x	x	x
16. Four Square				x	x	x
17. Parachutes	x	x	x	x	x	x
18. Hopscotch				x	x	
19. Speed Stackers	x	x	x	x	x	x

PE 2nd Qtr. Scope & Sequence SLCS

TOPICS	K	1	2	3	4	5
1. Soccer				x	x	x
2. Dodgeball				x	x	x
3. Obstacle Course	x	x	x	x	x	x
4. Parachute	x	x	x	x		
5. Jump rope	x	x	x	x	x	x
6. Kickball			x	x	x	x
7. Shuttle Runs			x	x	x	x
8. Freeze Tag	x	x	x	x		
9. Speed Stackers	x	x	x	x	x	x
10. Games	x	x	x	x	x	x

PE 3rd Qtr. Scope & Sequence SLCS

TOPICS	K	1	2	3	4	5
1. Jump Rope	x	x	x	x	x	x
2. Basketball Drills			x	x	x	x
3. Dodge Ball				x	x	x
4. Running	x	x	x	x	x	x
5. Basketball Games			x	x	x	x
6. Kickball		x	x	x	x	x
7. Speed Stackers		x	x	x	x	x
8. Soccer		x	x	x	x	x
9. Yoga for Kids	x	x	x	x	x	x
10. Tae-Bo for Kids		x	x	x	x	x
11. Sit Ups	x	x	x	x	x	x
12. Push Ups	x	x	x	x	x	x
13. Shuttle Runs			x	x	x	x
14. Soccer Games			x	x	x	x
15. Obstacle Course	x	x	x	x	x	x
16. Four Square	x	x	x	x	x	
17. Hopscotch				x	x	

PE 4th Qtr. Scope & Sequence SLCS

TOPICS	K	1	2	3	4	5
1. Jump Rope	x	x	x	x	x	x
2. Dancing			x	x	x	x
3. Dodge Ball				x	x	x
4. Running	x	x	x	x	x	x
5. Basketball Games				x	x	x
6. Kickball	x	x	x	x	x	x
7. Speed Stackers	x	x	x	x	x	x
8. Soccer				x	x	x
9. Yoga for Kids	x	x	x	x	x	x
10. Tae-Bo for Kids	x	x	x	x	x	x
11. Sit Ups	x	x	x	x	x	x
12. Push Ups	x	x	x	x	x	x
13. V Sit	x	x	x	x	x	x
14. Soccer Games				x	x	x
15. Obstacle Course	x	x	x	x	x	x
16. Four Square	x	x	x	x	x	x
17. Hopscotch	x	x		x	x	
18. Line Dancing	x	x	x	x	x	x